

breakfast on all days is a choice of cereals, porridge, toast and bacon, egg, sausages etc cooked to order.

mid morning tea / coffee / juice and biscuits

Week 3 LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Choice A	Chef's Baked Steak & Kidney Pie	Smoked Haddock & Vegetable Bake	Shepherd's Pie	Pork in Cider Gravy	Battered Fish	Chicken Chasseur	Roast Pork
Main Choice B	Chicken & Vegetable Casserole	Chef's Chilli Con Carne	Chicken Fricassee	Savoury Minced Beef	Meatballs In Tomato Sauce	Steak Pie	Roast Lamb In Gravy
Potato Choice A	West Country Cheddar Mash	Chef's Mustard Mash	Traditional Roast Potatoes	West Country Cheddar Mash	Oven Chips	Baked Potato Wedges	Traditional Roast Potatoes
Potato Choice B	Saute Potatoes	White Rice	Boiled Potatoes	Croquette Potatoes	Mashed Potato	Potato Lyonnaise	Mashed Potato
Vegetable 1	Mixed Vegetables	Carrot Tips	Cut Green Beans	Brussel Sprouts	Mushy Peas	Broccoli	Mashed Swede
Vegetable 2	Red Cabbage with Apple & Port	Peas	Mixed Vegetables	Cauliflower	Carrot Tips	Sweetcorn	Cabbage
Dessert Choice A	Mixed Fruit Pie	Sticky Toffee Pudding	Chocolate Sponge with Cherries	Mincemeat & Apple Tart	Rhubarb Crumble	Lemon Sponge	Bread & Butter Pudding
	Custard	Ice cream	chocolate sauce	Custard	Cream	Custard	Custard
Dessert Choice B	Tapioca Pudding	Summer fruits	Lemon mousse	Semolina Pudding	Summer Fruits	Rice Pudding With Sultanas	Stewed Apples

mid afternoon tea / coffee / juice and home made cakes / ice cream etc

TEA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Pea & Ham Soup	Carrot Soup	Tomato Soup	Leek & Potato Soup	Red Lentil Broth	Vegetable & Herb Soup	Chunky Vegetable Soup

Main Choice	Macaroni Cheese	Steak Slice	Sausage Casserole	Jacket Potatoes	Cauliflower Cheese	Cheese & Mushroom Omlette	Potato Cheese & Leek Bake
Potato / Veg Choice	Baked Potato Wedges	Layered potatoes	Potato Lyonnaise	Baked Beans/cheese & salad	Croquette Potatoes	Saute potatoes	West Country Cheddar Mash
sandwich selection	sandwich selection	sandwich selection	sandwich selection	sandwich selection	sandwich selection	sandwich selection	sandwich selection

evening snacks of sandwiches / cake